INTERESTED IN GOING OVERSEAS?

So you want to go abroad...

Many students visit the UVA Career Center as they explore the idea of a global adventure and inquire about international career-related resources. If the idea of a job, internship, or volunteer experience abroad sounds intriguing, the information below will help you initiate or continue your planning.

Three Tips To Getting Started
1. Start early. Time frames differ according to unique situations, but allow yourself at least 6 months – 1 year to research opportunities, network with helpful contacts, apply, and obtain the proper visas.
2. Review the resources and tips below. Supplement them by conducting your own search for print and web resources that appeal to you.
3. Schedule an appointment with Dreama Johnson, Associate Director for Public Service & Government Community and Global Initiative to discuss your ideas and develop a strategy for your search. Make an appointment online via Handshake or by calling (434) 924-8900.

HELPFUL OFFICES AND PROGRAMS

Internship Placement Program: Summer in Dublin
The Internship Placement Program offers a unique opportunity to participate in an academic internship in Dublin, Ireland. career.virginia.edu/ipp

UVA Global Internships Office
The Global Internships office develops relationships with businesses, governmental and non-governmental organizations, and UVA alumni abroad to provide students with valuable, individualized employment experiences. globalinternships.virginia.edu

International Studies Office: Education Abroad
Each year thousands of UVA students study abroad during the academic year and summer. Many programs also offer internship opportunities for students. To learn more, check out their website or meet with an education abroad advisor: virginia.edu/studyabroad

MAKE AND LEVERAGE YOUR CONNECTIONS

Among other personal contacts you may have overseas, university alumni who work and live abroad can offer tips and advice on relocating to a new country and sourcing opportunities.

LinkedIn
By creating a profile, you can search for UVA alumni who live in other countries. Also join the Global Career Community on LinkedIn—a subgroup of the University of Virginia Alumni, Students and Friends Group.

UVA Global Network
UVA Clubs exist in many countries outside of the U.S. and will host meet-ups and events for alumni. uvaclubs.virginia.edu

RESOURCES IN HANDSHAKE

Handshake not only houses job and internship postings of its own, but it also contains our subscriptions to other databases that are normally fee based. As a student, you have FREE access to these sites. When logging into Handshake, click the “Resources” tab on the left option bar and then click “Global Resources by Dreama Johnson” to access the following resources:

Going Global
Going Global is a country-specific career and employment database that contains more than 30,000 pages of constantly-updated information on topics such as: work permit/visa regulations, resume writing guidelines and examples, employment trends, salary ranges, networking groups and cultural/interviewing advice. World-wide job openings, internship listings, and corporate profiles are also included.

Career Insider by VAULT
Use the Guides (tab on the left-hand side after logging in) to find out information about specific industries. Industries such as finance, investment banking and consulting have guide books for specific regions of the world.

Idealist.org
Search for international non-profit opportunities. You can find both full-time jobs and internships here.
OTHER RESOURCES

UVA Career Center Library
Our library is located in Bryant Hall (Scott Stadium) and has the following titles:

- The Big Guide to Living and Working Overseas
- Global Citizen
- International Volunteer Work
- Kiss, Bow or Shake Hands (Guides for Professional Etiquette Internationally)

Work Abroad (U. Michigan)
internationalcenter.umich.edu/swt/work

Working Abroad
Great 22-page overview from the US Department of Labor, including a list of resources and programs.
bls.gov/careeroutlook/2006/fall/art01.pdf

GoAbroad
Portal to intern, work, volunteer, and teach abroad databases, searchable by location and interest areas.
goabroad.com

Transitions Abroad
Overview of many topics, articles, resources. Use the text box search at the top to find information on nearly any international topic.
transitionsabroad.com

U.S. State Department
Resources for the job search abroad from the U.S. State Department. Includes articles with tips on the job search and how to find agencies abroad who are hiring.
state.gov/documents/organization/127104.pdf

Researching Visas
Select your country of interest, and review the visa section of the embassy’s web site. If you need assistance determining your eligibility for visa subtypes, contact the visa information or consular services office at the embassy.
embassy.org/embassies

Riley Guide
Riley Guide offers advice and resources on all aspects of the job search process, domestic or abroad. The international page lists links to external sites, with resources organized by geographic location.
rileyguide.com/internat.html

Various Fee-Based Placement Organizations
The UVA Career Center does not endorse these programs. Many organizations help place participants into internships, jobs, and volunteer experiences for a fee. If you decide to go with one of these organizations, it is important to know upfront what the cost will be to you. If you have concerns about the legitimacy of a program, make an appointment with a career counselor.